

# October 2021

Hinsdale Elementary

## Breakfast

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**1**

*Hinsdale Elementary Kitchen  
Manager Information Karen  
Woods (859)341-8226 ext. 6914  
karen.woods@kenton.kyschools.us*

- Chicken Biscuit Sandwich
- Applesauce Cup
- 1% Lowfat Milk
- Non-Fat Chocolate Milk

**4**

- Breakfast Parfait
- Non-Fat Chocolate Milk
- 1% Lowfat Milk

**5**

- Breakfast Pizza
- Peach Cup
- Non-Fat Chocolate Milk
- 1% Lowfat Milk

**6**

- Chocolate Chip Muffin Square
- String Cheese
- Assorted Fruit Juice
- Non-Fat Chocolate Milk
- 1% Lowfat Milk

**7**

- Apple Frudel
- Cherry Frudel
- Orange Slices (peeled)
- Non-Fat Chocolate Milk
- 1% Lowfat Milk

**8**



No School

**11**



No School

**12**

- Yogurt Dunkers
- Apple Slices (Red Delicious)
- 1% Lowfat Milk
- Non-Fat Chocolate Milk

**13**

- Biscuits and Gravy
- Mandarin Oranges
- 1% Lowfat Milk
- Non-Fat Chocolate Milk

**14**

- Mini Cinnamon Bagels
- Mini Strawberry Bagels
- Mixed Berry Cup
- 1% Lowfat Milk
- Non-Fat Chocolate Milk

**15**

- Chicken Biscuit Sandwich
- Applesauce Cup
- 1% Lowfat Milk
- Non-Fat Chocolate Milk

**18**

- Breakfast Parfait
- Non-Fat Chocolate Milk
- 1% Lowfat Milk

**19**

- Breakfast Pizza
- Peach Cup
- Non-Fat Chocolate Milk
- 1% Lowfat Milk

**20**

- Chocolate Chip Muffin Square
- String Cheese
- Assorted Fruit Juice
- Non-Fat Chocolate Milk
- 1% Lowfat Milk

**21**

- Apple Frudel
- Cherry Frudel
- Orange Slices (peeled)
- Non-Fat Chocolate Milk
- 1% Lowfat Milk

**22**

- Cinnamon Toast
- Sausage Links
- String Cheese
- Pineapple Tidbits
- Non-Fat Chocolate Milk
- 1% Lowfat Milk

**25**

- Pancake 'N Sausage
- Assorted Fruit Juice
- 1% Lowfat Milk
- Non-Fat Chocolate Milk

**26**

- Yogurt Dunkers
- Apple Slices (Red Delicious)
- 1% Lowfat Milk
- Non-Fat Chocolate Milk

**27**

- Biscuits and Gravy
- Mandarin Oranges
- 1% Lowfat Milk
- Non-Fat Chocolate Milk

**28**

- Mini Cinnamon Bagels
- Mini Strawberry Bagels
- Mixed Berry Cup
- 1% Lowfat Milk
- Non-Fat Chocolate Milk

**29**

- Chicken Biscuit Sandwich
- Applesauce Cup
- 1% Lowfat Milk
- Non-Fat Chocolate Milk

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