



Hinsdale Hot Takes

Date: 10/12/2021 (Take 10)

Principal Message

Good Afternoon Patriot families!

I hope everyone had a restful long weekend! Spending time with family and friends is what life is all about. We are excited to welcome our patriots back today for a nice four day week.

Have a great week!!!

Mr. Feldmann

Transportation Notes

- Please DO NOT cut through the parking lot of the Marathon station on the corner. We have been contacted by the owner multiple times. This is a safety issue with pedestrians walking through the lot and other cars as well.
- Students are not allowed to ride the bus home with friends. Please make alternate transportation plans.
- Walkers - Students, who do not normally walk home from school, will need a parent note. Please give the note to Mrs. Greene, who is in charge of walking out the students to Ms. Carol.
- We have had instances in car line where families are trying to loop through near the dumpster and not travel the normal route around the playground. With cars using both lanes to enter and exit this creates a heightened chance for an

accident. I have witnessed several close calls. A few extra seconds around the back is better than an increased insurance bill. :)

Cafeteria News

Our cafeteria can prepare a packed lunch for your child's field trip! Just call or email Karen Woods in advance of the field trip and our cafeteria staff will be happy to prepare a lunch for your child.

karen.woods@kenton.kyschools.us (859)363-4004

SBDM Minority Representation

The R.C. Hinsdale PTA will hold the election for a **minority** parent member of R.C. Hinsdale SBDM Council on Wednesday, October 13th at R.C. Hinsdale School, as well as online. Results will be announced by Friday, October 15th.

In-person Voting:

Voting paperwork will be located outside on the table outside the main office from 9AM-3PM.

Online Voting (Please click the link below):

[Link for Online Parent Voting](#)

KDE Family Standards Resources

Are you interested in knowing what students are learning throughout the school day? This is a great website for families to understand the Kentucky Standards. Parents can support student learning by asking questions about the standards and what they are learning throughout the school day.

[Kentucky Department of Education Family Resources](#)

IMPORTANT ATTENDANCE INFORMATION

An attendance note (parent note or doctor note) is required any time your child is out of school, including late arrivals and early dismissals. Fillable attendance notes are available in the vestibule for your convenience. If your child is experiencing COVID - related symptoms, a doctor's note or negative COVID test is required to return.

Synchronous Learning

ATTENTION ALL PATRIOTS...Synchronous learning is up and running for our Hinsdale families. Synchronous learning is *ONLY* for families who have students who are being quarantined. If your student misses for a traditional absence they would make up work when they return to school.

RBTL and SRO Communication

R.C. Hinsdale Elementary, as well as all schools within the KCSD, have an RBTL (Reducing Barriers To Learning) staff member that will be assisting families with absences and/or tardiness to school. If a staff member reaches out to you, it is for family support to ensure that students are in school and on time.

Our SRO, Officer Twehues, is available for home visits throughout the school day. He does drive an Edgewood Police Car. Some parents have been confused when he makes visits or drops off paperwork for families to sign. He is used as another resource for our Hinsdale staff to support students and families.

R.C. Hinsdale Extracurricular Activities and Athletics

Is your child interested in extracurricular activities and/or athletics after school? Please check out the RCH Athletics Website. We will continue to update this website to keep Hinsdale families informed.

[RCH Athletics Website](#)

Counselor's Corner- It's not easy being GREENE



Dear Parents/Guardians,

Character Trait for October: Compassion

Compassion means we care about others, treat them with kindness, and feel a strong desire to help people in need. Compassion is empathy in action. For a six-year-old, compassion might look like giving a hug, making a card, or saying something kind to help a friend or family member who is feeling sad or upset.

8 Activities and Exercises to Cultivate Compassion in Children

Cultivating compassion in children is often an underestimated part of their upbringing. Making it intentional will help those compassion muscles grow. Here is a list of ideas to help children develop the ability to reach out to alleviate the suffering of others.

1. **Volunteer at a homeless shelter or at an animal shelter.** While it may be painful to witness the suffering of the homeless population for some, it is a powerful way to show children that they can make a difference. Shelters everywhere rely on the volunteerism of citizens to better serve this community.

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2. **Read books with compassion themes.** There are many books for children with kindness and compassion as central themes. The more the topic is discussed, the greater the opportunities to practice in real life.
 3. **Discuss suffering.** Though it may prove to be a difficult conversation, helping children notice the suffering of others is a first step in cultivating the action needed to alleviate that suffering.
 4. **Ask children who they would want to help in the world.** They're likely noticing more suffering than you might realize.
 5. **Read about helpers.** Help your child understand the helpers in their world and how their work in compassionate endeavors are valued.
 6. **Teach them self-compassion.** We learn too quickly to be hard on ourselves about failure. While we all want kids to succeed, notice when your children are suffering from that failure instead. Help them to know that it is okay to fail, especially if we can learn from it.
 7. **Model, Model, Model.** Show your children what it means to have compassion toward others and toward yourself. Be sure your interactions with children are lead with compassion.
 8. **When your children are involved in social interactions and building relationships,** be sure to observe and praise them when noticing compassionate behavior. Point out compassionate behavior in others as well.

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9. Help them learn self-awareness. Teaching kids to be aware that their actions affect others is vital in understanding empathic action behavior.

Sincerely,

Mrs. Greene

(859)341-8226

Michelle.greene@kenton.kyschools.us



Happy Monday Hinsdale Patriot Families!! I have just a couple of reminders.

- If your child is absent due to illness, they will need a negative COVID test or a physician's note with an alternate diagnosis upon return to school. You may email this to Kathy Decker or I at:
katherine.decker@kenton.kyschools.us
lois.mccubbin@kenton.kyschools.us
- The 5th grade Puberty presentation had to be postponed due to technical difficulties and will be rescheduled at a later date, and I will send a reminder as soon as we have it set.

I hope each of you enjoys your fall break, your way and that everyone smiles and laughs A LOT!!! ENJOY YOUR TIME!!!

Stay healthy and have a great week!!

Nurse Lois

(859)363-4008

lois.mccubbin@kenton.kyschools.us