



SCHOOL COUNCIL POLICY

District: Kenton County Schools **School:** Dixie Heights High School

Policy Number: 6.0

Policy Category: Wellness

Policy Title: Wellness Policy

Policy Statement:

Dixie Heights will strive to ensure that all students are provided with a safe and healthy environment that promotes wellness through quality health and physical education awareness. This shall include minimum requirements for all students to earn a credit in health and physical education, healthy breakfast and lunch offerings from our cafeteria, extra-curricular programs for exercise/fitness and teachers promoting healthy lifestyle choices through their daily instruction. We believe that student health is closely associated with academic achievement, attendance and behavior.

Policy Date Adopted: 2/14/19

Chairperson Signature: [Signature]

Vice Chairperson Signature: [Signature]

Policy Reviewed on: _____