

What does a School Counselor do?

This document is intended to help you understand what the role of a Professional School Counselor is, as well as what it's not. If you're ever wondering what I do or why, please ask! I'm happy to talk with you. :)

A School Counselor does...

- Work with ALL students to encourage a safe school climate of trust and respect.
- Deliver classroom lessons that align to ASCA standards.
- Facilitate small groups.
- Meet individually with students to do brief, solution-focused counseling.
- Help students who are struggling to make positive behavior choices.
- Collaborate with parents/guardians, teachers, support staff, and administration.
- Maintain confidentiality of students and their families unless there is a need to know or a safety concern.
- Provide education and information about students' social-emotional needs.

A School Counselor does NOT...

- Work with only special ed., regular ed., or "problem" students.
- Assign grades after lessons or teach academic subjects.
- Facilitate therapy groups.
- Meet individually with students to do long-term mental health counseling/therapy.
- Handle the discipline or assign consequences.
- Collaborate with only one person. A team approach including the School Counselor works best.
- Share information about students and their families to appease the curiosity of others.
- Tell teachers how to teach in their classrooms or tell parents how to parent at home.