



Nondiscrimination Statement: This institute is an equal opportunity employer.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday



Mini Cinnamon Rolls
Orange Juice
Milk **4**

Toast w/ Yogurt
Fruit Cup
Milk **5**

Pancake 'N Sausage
Orange Juice
Milk **6**

Waffles
Orange Juice
Milk **7**

Biscuits & Gravy
Orange Juice
Milk **1**

Breakfast Pizza
Applesauce Cup
Milk **8**

French Toast Bites
Fruit Cup
Milk **11**

Breakfast Sandwich
Orange Juice
Milk **12**

Cinnamon Cake
Applesauce Cup
Milk **13**

Bagels
Orange Juice
Milk **14**

No School **15**

Mini Cinnamon Rolls
Orange Juice
Milk **18**

Toast w/ Yogurt
Fruit Cup
Milk **19**

Pancake 'N Sausage
Orange Juice
Milk **20**

Waffles
Orange Juice
Milk **21**

Breakfast Pizza
Applesauce Cup
Milk **22**

French Toast Bites
Fruit Cup
Milk **25**

Breakfast Sandwich
Orange Juice
Milk **26**

Cinnamon Cake
Applesauce Cup
Milk **27**

Bagels
Orange Juice
Milk **28**

Biscuits & Gravy
Orange Juice
Milk **29**