



Nondiscrimination Statement: This institute is an equal opportunity employer.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday



Biscuits & Gravy
Orange Juice
Milk 1

Mini Cinnamon Rolls
Orange Juice
Milk 4

Toast w/ Yogurt
Fruit Cup
Milk 5

Pancake 'N Sausage
Orange Juice
Milk 6

Waffles
Orange Juice
Milk 7

Breakfast Pizza
Applesauce Cup
Milk 8

French Toast Bites
Fruit Cup
Milk 11

Breakfast Sandwich
Orange Juice
Milk 12

Cinnamon Cake
Applesauce Cup
Milk 13

Bagels
Orange Juice
Milk 14

No School 15

Mini Cinnamon Rolls
Orange Juice
Milk 18

Toast w/ Yogurt
Fruit Cup
Milk 19

Pancake 'N Sausage
Orange Juice
Milk 20

Waffles
Orange Juice
Milk 21

Breakfast Pizza
Applesauce Cup
Milk 22

French Toast Bites
Fruit Cup
Milk 25

Breakfast Sandwich
Orange Juice
Milk 26

Cinnamon Cake
Applesauce Cup
Milk 27

Bagels
Orange Juice
Milk 28

Biscuits & Gravy
Orange Juice
Milk 29